

Main Menu



Douglas Bader

Pub & Restaurant

**To order, simply tell us your table number when
ordering food at the bar & we will do the rest**

The Square | Martlesham Heath | IP5 3SL | Tel 01473 625394
Email: thedouglasbader@yahoo.co.uk
Visit: www.thedouglasbader.co.uk

Homemade Soup of the Day

Served with crusty bread

Prawn Cocktail

Served with brown bread and butter

Homemade Pate

Served with chutney and toast

Crispy Whitebait

Served with brown bread and butter

Coconut Prawns

Served with lime dipping sauce

Starters

£3.25	<i>Pepper Pot Mushrooms (v)</i> Served with garlic bread	£3.95
£4.75	<i>Garlic Bread</i>	£1.95
	<i>Garlic Bread with Cheese</i>	£2.30
£4.25	<i>Homemade Jacket Wedges</i> With cheese and bacon or chilli and cheese	£4.25
£4.75	<i>Duck Spring Rolls</i> Served with plum sauce	£4.50
£4.75		

Starters To Share

£6.50	<i>Nachos</i> Served with cheese and salsa or chilli and cheese	£7.50
£7.50	<i>Seafood Platter</i> Scampi, chilli battered prawns, calamari and homemade jacket wedges with sweet chilli dip	
	<i>BBQ Platter</i> Spicy buffalo wings, BBQ ribs, onion rings, homemade jacket wedges, BBQ sauce and mayo dip	
	<i>Homemade Jacket Wedges</i> With cheese and bacon or chilli and cheese	£6.75

Salad Bar

£6.95	<i>Hot and Cold Ploughmans</i> Traditional ploughmans, crusty bread and a mug of homemade soup	£6.95
£7.45	<i>Prawn</i> With coleslaw and crusty bread	£6.95
	<i>Chicken and Bacon</i> With coleslaw and crusty bread	£6.95
	<i>Cheese and Ham</i> With coleslaw and crusty bread	£6.95
	<i>Cajun Chicken</i> With coleslaw and crusty bread	£6.95

All Day Breakfasts

£6.95	<i>Lancaster</i> Full English breakfast with bacon, eggs, sausages, beans, mushrooms, tomatoes, hash browns and toast	£5.95
	<i>Spitfire</i> Light choice with bacon, egg, sausage, beans, mushrooms, tomato, hash brown and toast	

For The Smaller Appetite - £5.50

For £1 Extra...Add a Dessert of the Day

<i>Adnams Beer Battered Fish of the Day</i>	<i>Ham, Egg and Chips</i>
<i>Steak and Kidney Bake</i>	<i>Liver and Bacon Casserole</i>
<i>Scampi</i>	<i>Sausage and Mash</i>
<i>Lasagne</i>	<i>Chicken or Vegetable Stir Fry</i>
<i>Shepherds Pie</i>	

Side Orders

£0.80	<i>Bread and Butter</i>	£2.35
£0.80	<i>Coleslaw</i>	£2.85
£1.75	<i>Chips</i>	£1.95
£1.60	<i>Onion Rings</i>	£2.30
£1.60	<i>Mushrooms</i>	£1.95
£1.85	<i>Side Salad</i>	
	<i>Cheesey Chips</i>	
	<i>Cheesey Chips and Bacon</i>	
	<i>Garlic Bread</i>	
	<i>Garlic Bread with Cheese</i>	
	<i>Saute Potatoes</i>	

Grills - Cooked to your Liking

10 oz Ribeye	£13.95	Two 4 oz Gammon Steaks	£8.25
8 oz Sirloin	£12.25	Served with eggs or pineapple, with chips, peas and mushrooms	
8 oz Rump	£11.25	4 oz Gammon Steak	£6.25
4 oz Rump	£7.95	Served with egg or pineapple, with chips, peas and mushrooms	
Add a Sauce	£1.20	Breast of Chicken	£7.75
Pepper sauce or Stilton and mushroom		Choice of plain, garlic and herb, or Cajun served with chips and salad	

All the above are served with onion rings, mushrooms, tomato, peas and chips

Combos

Salmon and Prawn Combo	£8.95	Steak & Ribs Combo	£9.75
With Cajun salmon fillet, tiger prawns, chilli battered prawns, corn cobote, homemade jacket wedges, coleslaw, chilli dips		4 oz rump steak, BBQ ribs, homemade jacket wedges, corn cobote, BBQ and Blue cheese dips	
Chicken and Ribs Combo	£8.95		
Chicken breast, BBQ ribs, homemade jacket wedges, corn cobote, coleslaw, BBQ and Blue cheese dips			

Main Courses

Adnams Beer Battered Fish of the Day	£7.95	Beef Cannelloni	£7.75
Served with chips and peas		Served with garlic bread	
Hunters Chicken	£7.95	Homemade Liver and Bacon Casserole	£7.75
Served with homemade wedges and salad		Served with mash and seasonal vegetables	
Wholetail Scampi	£6.95	Ham, Egg and Chips	£6.95
Served with chips and peas		Served with bread and butter	
Duncan's Traditional Pork Sausages	£7.45	Homemade Shepherds Pie	£7.50
Served with mash, seasonal vegetables and onion gravy		Served with seasonal vegetables	
Aberdeen Angus Mighty Lasagne	£7.75	Goats Cheese Tart	£7.25
Served with garlic bread or chips		Served with salad and chips	
Pork Belly with Aspath Cider Sauce	£8.25	Salmon Fillet with Garlic Butter	£8.50
Served with mash and seasonal vegetables		Served with new potatoes and green beans	
Homemade Steak and Kidney Bake	£8.25	Homemade Chicken or Vegetable Tikka (v)	£7.95
With a crisp baked suet pudding top served with new potatoes and seasonal vegetables		Served with rice and Chef's accompaniments	
		Aubergine and Cheese Layer Bake (v)	£7.45
		Served with salad and garlic bread	

Meal Deal

2 Courses £9.95 3 Courses £11.95

STARTERS

Soup of the Day
Homemade Pate
Peppercot Mushrooms

MAIN COURSES

Adnams Beer Battered Fish of the Day
Hunters Chicken

Homemade Liver and Bacon Casserole
6oz Rump Steak and Chips
Aubergine and Cheese Layer Bake

DESSERTS

Apple and Blackberry Crumble
Sponge Pudding of the Day
Lemon Tart

Snacks

Burgers

<i>Smothered Chicken Burger</i>	£4.75
<small>Chicken burger topped with cheese and BBQ sauce</small>	
<i>Beef Burger Plain</i>	£3.95
<i>Cheeseburger</i>	£4.25
<i>Vegetable and Mozzarella Burger</i>	£4.50
<i>Dambuster Burger</i>	£5.75
<i>Add Chips</i>	£1.75

Jacket Potatoes

<i>Cheese</i>	£4.75
<i>Beans</i>	£4.75
<i>Tuna</i>	£4.75
<i>Chilli</i>	£4.75
<i>Bacon</i>	£4.75
<i>Coleslaw</i>	£4.75

Or try a combination of two of the above

<i>Prawn</i>	£4.95
<i>Bacon and Brie</i>	£4.95
<i>Plain with Butter</i>	£2.95

All served with crisp salad garnish

Sandwiches and Baguettes

White or wholemeal sandwiches or baguettes

<i>Tuna and Mayo</i>	£4.25
<i>Cheese and Onion</i>	£4.25
<i>Locally Carved Ham and Mustard</i>	£4.50
<i>Cajun Chicken</i>	£4.50
<i>Prawn</i>	£4.75
<i>Hot Roast Beef and Horseradish</i>	£4.75
<i>Steak and Mushroom</i>	£4.95
<i>BLT (Bacon, lettuce and tomato)</i>	£4.75
<i>Sausage and Fried Onion</i>	£4.50

Melted Baguettes

<i>Ham and Pineapple</i>	£5.25
<i>Brie and Bacon</i>	£5.25
<i>Tuna</i>	£5.25
<i>Cheese, Bacon and Mushroom</i>	£5.25

Desserts

<i>Triple Chocolate Fudge Cake</i>	£4.25
<i>Hot Sponge Pudding</i>	£3.95
<small>Treacle or spotted Dick</small>	
<i>Homemade Apple and Blackberry Crumble</i>	£3.95
<i>Apple Pie</i>	£4.25
<i>Cheesecake of the Day</i>	£4.25
<i>Lemon Tart</i>	£4.25

All the above served with cream, ice cream, or custard

<i>Waffle Mountain</i>	£4.75
<i>Profiteroles</i>	£4.25
<i>Trio of Ice cream</i>	£2.95
<small>Strawberry, vanilla, chocolate</small>	
<i>Cheese and Biscuits</i>	£4.75

Sharing Desserts

<i>Chocolate Brownie Sundae</i>	£6.50
<i>Profiteroles</i>	£6.50

Hot Drinks

<i>Coffee (or De-caf)</i>	£1.40
<i>Tea (or De-caf)</i>	£1.40
<i>Latte</i>	£1.95
<i>Cappuccino</i>	£1.70
<i>Hot Chocolate</i>	£1.95
<i>Espresso</i>	£1.60
<i>Liquor Coffees Available</i>	



*We endeavour to use local produce and
support local businesses*

We are delighted to receive comments or observations on any part of your experience with us.
Please feel free to discuss anything with the Duty Manager or alternatively please write to us at
Mrs.M.Barrett California House, 1 California Lane, Hintlesham IPB 3QJ

See specials boards for other choices.

*Parties, Celebrations and all Get Togethers
can be catered for, just ask for details*

FREE WIFI

*Why not try one of our great
wines with your meal?*

A Refreshing Change...

*Choose from our range of
refreshing soft drinks to
complement your meal*



The Douglas Bader

The Square | Martlesham Heath | IP5 3SL | Tel 01473 625394

Email: thedouglasbader@yahoo.co.uk

Visit: www.thedouglasbader.co.uk

All prices are inclusive of VAT. All items are subject to availability. Ice cream not suitable for lactose intolerant persons. *All fish dishes may contain bones. (v) these dishes are suitable for vegetarians. Whilst we take every care to preserve the integrity of our vegetarian products, we must advise these products are handled in a multifunctional kitchen environment. All our products may contain seeds, traces of nuts or nut derivatives.